

“Partnering With Family Caregivers – A Shift in the Recovery Paradigm”

Hosted by the Ontario Family Council
Advisory Network



Ontario
Family Council
Advisory Network

Thursday, October 2, 2014
The Conference Place
**Ontario Shores Centre for Mental Health
Services**

Keynote Speakers



Patrick Dion, Vice Chair,
Board of Directors, Mental
Health Commission of
Canada; Partner,
Greenbridge Consulting
Group

Presentations



Ella Amir, Chair “National
Guidelines for a
Comprehensive Service
System to Support Family
Caregivers of Adults with
Mental Health Problems and
Illnesses” MHCC, 2013

Panel Discussion



Cathy Fooks, President and
CEO, Change Foundation



Phyllis Grant-Parker, Executive Director,
Parents’ Lifelines of Eastern Ontario



Howard Chodos, Director of Mental Health
Strategy and Recovery Project, Mental
Health Commission of Canada

Sponsored in part by:



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada



Ontario Shores
Centre for Mental Health Sciences

Your Host:

The Ontario Family Council Advisory Network (OFCAN) is pleased to announce our first conference, “Partnering with Family Caregivers – A Shift in the Recovery Paradigm”. OFCAN is a group of family councils and family advisory groups affiliated with mental health organizations who have come together to share best practices and models of family support services and programs from across the province.

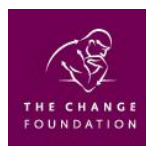
Conference Goals:

- to build the awareness of OFCAN provincially
- to provide networking opportunities for Family Council/Family Advisory Group/Patient and Family Advisory Councils from across the province
- to demonstrate the benefits and strengths that Family Councils and Family Advisory Groups bring to the mental health sector
- to present leading practices where Family Councils, Family Advisory Groups or PFACs have worked **in partnership** with other mental health stakeholders to **develop and implement programs and services** for families and their loved ones
- to encourage all attendees to make a commitment to partner with families to explore and implement recovery based caregiver programs in their organizations and everyday work – “adopt and adapt”

Who Should Attend?

This conference will be of interest to all mental health stakeholders. It will highlight leading practices where Family Councils and Advisory Groups have successfully partnered with other mental health stakeholders to develop, implement and sustain family caregiver support programs and services. As well, the day will also include, opening comments by Patrick Dion, Vice Chair of the MHCC Board of Directors, our Keynote Speaker, Ella Amir, Chair of the MHCC “National Guidelines for a Comprehensive Service System to Support Family Caregivers of Adults with Mental Health Problems and Illnesses”, Cathy Fooks, CEO of the Change Foundation as our panel discussion moderator and Howard Chodos, MHCC, Director of Mental Health Strategy who will present “The Recovery Project Initiative”.

Event Supporters



Thursday, October 2nd, 2014

7:45 am Registration Opens & Poster Set-up

8:00 – 8:45 am Breakfast

8:45 – 9:00 am **Opening Comments: Greetings from the Mental Health Commission of Canada and A Personal Family Caregiver's Perspective**



Patrick Dion, Vice Chair, Board of Directors, Mental Health Commission of Canada; Partner Greenbridge Consulting Group

9:00 – 9:45 am

Taking the National Caregiver Guidelines “OFF THE SHELF”



Ella Amir, Chair “National Guidelines for a Comprehensive Service System to Support Family Caregivers of Adults with Mental Health Problems and Illnesses” MHCC, 2013

Session Description:

- Brief description of how and why the “Guidelines” came about
- Importance of using the “Guideline” as a tool to affect change by those in the room – Guideline to Leading Practice
- Describe the many benefits of partnering with family caregivers
 - Supported caregivers provide better care to their loved ones
 - Good support mitigates long-term stress to caregiver and their possible entrance into the system
 - Mental health system reaps huge financial benefits from caregivers
 - Highlight data and findings that support the importance of caregiver inclusion in the continuum of care

9:45 – 10:15 am Break & Posters / Display Viewing

10:15 – 12:00 pm **Panel of Stakeholders: “Families as Partners”**

Grand River Hospital, Family Navigator Program



Moderator: Cathy Fooks, President and CEO, Change Foundation

Session Description: Family Navigators are family members who have lived through the experience of supporting someone with difficult ongoing mental issues. In this program, the navigator helps families find their way through the complex mental health and addictions system, or seniors’ services at the hospital or in the community. They are available to offer peer and emotional support when a loved one is waiting to access services, while in hospital or transitioning from hospital to community.

The panelists will include a frontline family support worker, patient, family caregiver, senior management and a member of the professional team who work together in partnership to deliver this recovery based support program. Each panelist will address the successes and challenges of the program from their perspective.

12:00 – 1:00 pm Lunch & Posters / Display Viewing

Leading Practices Presentations

Session Description: A look at the “who, what, why, where, when, and how a leading practice, in partnership with family caregivers, is designed, implemented, financed and governed. Our speakers will cover successes & challenges.

1:00 – 1:45 pm

“Community Connections” - PLEO Parents’ Lifelines of Eastern Ontario



Phyllis Grant-Parker, Executive Director, Parents’ Lifelines of Eastern Ontario

Session Description: A description of this unique peer navigation and support program serving the Champlain Region with emphasis on how the community came together to assist in the development and resourcing of this program.

1:45 – 2:40 pm

Ontario Shores Family Council - Family Resource Centre Initiative

Sheila Neuburger, Executive Vice President, Clinical Services,

Caroline Tykoliz, Administrative Director, Assessment and Reintegration Program, Pharmacy, Community Mental Health Program,

Christine Holland, Family Council Member,

Ontario Shores Centre for Mental Health Sciences

Session Description: A description of why and how Ontario Shores Family Council collaborated and partnered with the hospital to create a dedicated, therapeutic space for families to share knowledge, access resources and connect with other families for support and encouragement as they support their loved ones and their own journeys of recovery. Successes and challenges of the project will be highlighted.

2:40 – 3:00 pm

Break & Posters / Display Viewing

3:00– 5:00 pm

Mental Health Commission of Canada – Pan Canadian Recovery Initiative



Howard Chodos, Director of Mental Health Strategy and Recovery Project, Mental Health Commission of Canada

Session Description: Fostering recovery and well-being for people of all ages living with mental health problems and illnesses is one of six strategic directions of Changing Directions, Changing Lives: the Mental Health Strategy for Canada. It is also a foundational goal of the Strategy and cuts across its other strategic directions. Building on successful efforts in countries such as the UK and Australia to facilitate the implementation of recovery oriented policies, programs and practices through guidelines and technical assistance, the MHCC is leading a Pan Canadian Initiative on Recovery with three objectives:

- Enable an ongoing dialogue on recovery amongst all mental health stakeholders
 - Promote successful and leading recovery oriented policies, practices and resources
 - Foster common approaches to implementing recovery oriented policies, programs and practices
- The workshop will provide an overview of the initiatives that the MHCC is undertaking to achieve these objectives and seek family caregivers’ feedback on draft guidelines aimed at supporting those who have a role to play in implementing recovery oriented policies, programs and practices.

5:00

Closing Comments and Thanks

Ella Amir, Chair “National Guidelines for a Comprehensive Service System to Support Family Caregivers of Adults with Mental Health Problems and Illnesses” MHCC, 2013

Christine Holland, Chair, OFCAN Conference Planning Committee; Ontario Shores Family Council








Ontario Shores Centre for Mental Health Sciences

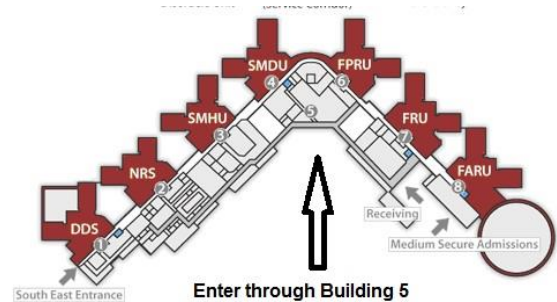
700 Gordon Street
Whitby, Ontario
L1N 5S9



Ontario
Family Council
Advisory Network

Directions from Highway 401

-  Exit Hwy 401 at Brock Street/Hwy 12 (Exit #410) in Whitby. (If coming from Toronto **do not** exit at Brock Road in Pickering)
-  Turn South (left) onto Brock Street
-  Turn West (right) at Victoria Street - you will pass the Station Art Gallery and the Iroquois Sports Complex.
-  Turn South (left) onto Gordon Street
Continue past Lakeridge Whitby Hospital
-  Turn West (right) at the electronic Ontario Shores sign.



Parking:

Parking for conference attendees will be complimentary at Ontario Shores. Please indicate on the registration if you will be driving so a PIN number can be emailed to you to receive complimentary parking.

Hotel Partners – If you require accommodations

The Conference Place has partnered with four local hotels to bring cost savings to Conference Place customers. Guests must indicate they are with Ontario Shores Centre for Mental Health Sciences to get the special rate.

Hilton Garden Inn Ajax

\$139 per night – Corporate Code: 2743234
500 Beck Crescent, Ajax, ON L1Z 1C9
Tel: 905-686-9400 ext. 5071 Toll Free: 866-336-8077 ext. 5071
www.torontoajax.stayhgi.com

Holiday Inn Express Whitby

\$109.99 per night – Breakfast included – Corporate Code: 100249438
180 Consumers Drive, Whitby, ON L1N 9S3
Tel: 905-665-8400 Toll Free: 888-465-4329
www.expresswhitby.com

Residence Inn by Marriot Whitby

\$143 per night – Breakfast included – Corporate Code: WJYA
160 Consumers Drive, Whitby, ON L1N 9S3
Tel: 905-444-9756 Toll Free: 866-277-9165
<http://www.marriott.com/hotels/travel/yyzwy-residence-inn-whitby/>

Travelodge

\$100 per night – No Corporate Code: Call Murray Lathem
940 Champlain Avenue, Oshawa, L1J 7A6
Tel: 905-436-9500 Toll Free: 1-800-578-7878
<http://www.travelodgeoshowa.ca/#ixzz1QaZkhJuE>

PLEASE COMPLETE & RETURN

Ontario Family Council Advisory Network

"Partnering With Family Caregivers - A Shift in the Recovery Paradigm"

Registration & Fees



REGISTER ONLINE!

www.confmail.com



Hosted by:

Ontario Family Council Advisory Network

Thursday, October 2nd, 2014

Ontario Shores Centre for Mental Health Sciences
700 Gordon St, Whitby

Name _____

E-mail _____

Title/Position _____

Organization _____

Work Address _____

City: _____ Province: _____

Postal Code: _____ Country: _____

Work # () _____

Fax # () _____

Home Address _____

City _____ Province _____

Postal Code _____ Country _____

Home # () _____

Preferred Mailing Address Work Home

Do you have any Special Requirements (Dietary / Physical / Other)?

FOR INQUIRIES: Ontario Family Council Advisory Network
c/o First Stage Enterprises – Event Planners
1 Concorde Gate, Suite 109, Box 26
Toronto, ON, M3C 3N6
416-426-7029
Toll free: 1-866-433-9695
Fax: 416-426-7280
Reg2@firststageinc.com

FORUM FEES

	TOTAL
Family Council Executive Registrant	\$150
Other Registrant	\$200
TOTAL VALUE	<input type="text"/>

Delegate registration lists (business information only) will be shared at the conference to encourage post-forum networking unless you specifically indicate otherwise.

I give permission to list my contact information in the registration materials for networking purposes.

I will be driving to the conference and require parking at Ontario Shores. A PIN number will be emailed to you 1 week prior to the event.

PAYMENT

Payment may be made by personal or institutional cheque or money order. Make payable to: **FIRST STAGE ENTERPRISES** or use your credit card.

Mastercard Visa American Express

Name on Card _____

Account _____

Expiry _____ Signature _____

CANCELLATION POLICY

A refund will be issued if requested, in writing, on or before September 12, 2014. A \$50.00 administration fee will be levied on all refunds. **No refunds will be given after September 12, 2014.** Substitutions are welcomed at no charge, please provide details by October 1st.